



Govind Ballabh Pant Institute of Engineering & Technology, Pauri (Uttarakhand)

in collaboration with

Heartfulness Education Trust

presents

HELM: Start-Up Programme

(15-Nov-2021 to 20-Nov-2021)

(03:30 PM - 05:00 PM)

heartfulness

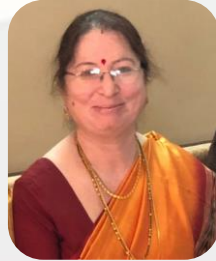
advancing with kindness

HELM: Heartfulness Enabled Leadership Mastery

Pause-Reflect & Shine

Day-1: 15-Nov-21

CONNECTION



Dr.Sushama Viladkar
Heartfulness Facilitator
Roorkee

Day-2: 16-Nov-21

CORE



Ms.Loveleena
Heartfulness Facilitator
Kurukshetra

Day-3: 17-Nov-21

CONTEXT



Mr.Sudhir Chadha
Heartfulness Facilitator
Yamunanagar

Day-4: 18-Nov-21

CHOICES



Dr.Virender Phogat
Heartfulness Facilitator
Rohtak

Day-5: 19-Nov-21

CAUSALITY



Er.C.S.Patil
Heartfulness Facilitator
Joshimath

Day-6: 20-Nov-21

COMMUNITY



Mr.Sanjay Upreti
Heartfulness Facilitator
Delhi



Dr.Yashvir Singh
Director
GBPIET-Pauri (UK)



Dr.Vinay K Patel
Assistant Professor
GBPIET-Pauri (UK)
Course Co-ordinator